

Southern Tier Society of Health Systems Pharmacists

Presents

“Understanding Methadone: Pharmacology and Clinical Applications”

SPEAKER(S): Alexis Polcare, PharmD
PGY-1 Pharmacist Resident
Guthrie Robert Packer Hospital

LOCATION: Joey's Pizzeria
200 Oak Hill Ave, Endicott, NY 13760

COST: Members: \$0
Non-Members: \$10

DATE: April 21, 2026

SCHEDULE: 5:30-7:30pm

OBJECTIVES: After attending this continuing education program:

Pharmacists will be able to:

1. Describe the pharmacokinetics of methadone and how that impacts dosing and dosing adjustments.
2. Utilize dose conversion charts in combination with clinical judgement to develop methadone regimens from prior opioid regimens.
3. Identify common drug interactions with methadone and recognize how those may adjust your regimen.
4. Compare different methods for methadone initiation.
5. Evaluate when patients need ECG's and revise methadone regimens based on QTc results.

Pharmacy technicians will be able to:

1. Identify the primary clinical applications of methadone.
2. Identify the common strengths and dosage forms of methadone.
3. Recognize common adverse events or side effects of methadone.
4. Recognize proper federal and state regulatory requirements for methadone dispensing and documentation.

The speaker has no conflicts of interest or financial relationships to disclose.

AUDIENCE: Pharmacists, Pharmacy Technicians, Pharmacy Students

PROGRAM TYPE: Knowledge-based

CONTINUING EDUCATION CREDITS:

Continuing Education Accredited By: New York State Council of Health-system Pharmacists. *This program will be accredited for 0.1 Topic Designator CEU's (1 contact hour).*

Pharmacists: 0134-0000-24-XXX-LOX-P
Technicians: 0134-0000-24-XXX-LOX-T



The NYS Council of Health-system Pharmacists is accredited by the [Accreditation Council for Pharmacy Education](#) as a provider of continuing pharmaceutical education.

Statements of Continuing Pharmacy Education Credit are available to participants upon the conclusion of the program. In order to obtain credits, participants must verify attendance at the meeting by entering the program CE code and complete the post activity survey link. Links will be distributed as well as posted to the [NYSCHP website](#). Attendees have 45 days from the date of the program to retrieve their credits.